

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Tielman Flischman

Has successfully participated & completed the

17km FRESH Kaapsehoop Mountain Ultra

held at Kaapsehoop Horse Trails.

**TIME** 02:24:01

**PACE** 08:27/km

**OVERALL** 14 of 78

**GENDER** 11 of 35

< 50 4 of 12

12 August 2023, Sat

Date



Bout Time
Signature